

HIP BEHAVIORAL HEALTH PROGRAMS

1. *Depression Case Management*

This program identifies newly diagnosed members who have been prescribed an antidepressant medication.

Once identified, case managers help members to have at least three follow-up appointments within three months. At least one of the follow-up appointments should be with the prescribing physician.

For more information:

Mental Health Case Management

1-800-447-0769

(Press “1” for Depression Case Management)

2. *Diabetes and Depression Education and Assessment*

Educational information and a depression screening tool are mailed to members newly diagnosed with diabetes.

The Care Management phone number is included in the mailing to help members arrange for services.

For more information:

Contact nearest Mental Health Center or Care Management 1-888-447-2526.

3. *Behavioral Diabetes Group Initiative*

Group intervention for members with diabetes.

The purpose of the group is to help members make important diabetes-related lifestyle changes and to provide members with specific skills to deal with behavioral health issues commonly associated with diabetes.

For more information:

Andrew Kolbasovsky, Psy.D.

1-646-447-8900

4. *Depression Identification in Chronic Illness*

Members with chronic illnesses are screened for depression by case managers.

For more information:

Mental Health Case Management

1-800-447-0769

5. Outreach to Medicare Enrollees

Medicare members are given a brief depression assessment as part of a pre-welcome call.

If the assessment suggests evidence of depressive symptoms, the member is mailed a brief depression overview and provided with information on accessing HIP behavioral health services.

For more information:

Contact nearest Mental Health Center or Care Management **1-888-447-2526**.

6. Medical Care Management

Members who are discharged from the hospital are screened for depression over the telephone by care managers.

If the member screens positive for depression and is interested in receiving treatment, a mental health care manager arranges for services.

For more information:

Mental Health Care Management **1-888-447-2526**

7. Intensive Case Management

Intensive case managers coordinate and arrange care for certain members with mental illness.

Intensive case managers provide continuous support and crisis services when needed.

For more information:

Neil Meyerkopf, M.B.A. **1-646-447-7228**

Managing Director, Behavioral Health Care Management

Katy Alicata, L.M.S.W., C.A.D.C. **1-646-447-7249**

Director, Case Management

8. Post-Hospitalization Care for Mental Illness

Upon discharge, members hospitalized for mental illness are scheduled for follow-up care with a mental health provider.

These appointments are carefully tracked and if they are not kept, new appointments are scheduled to ensure that follow-up care is obtained.

9. Mental Health Web Site (hipusa.com)

Provides educational information for patients, family members and physicians on the following mental health diagnoses:

- Substance abuse.
- Depression.
- Bipolar disorder.
- ADHD.
- Anxiety disorders (panic disorder, obsessive compulsive disorder, generalized anxiety disorder, post-traumatic stress disorder and phobia).